

## Starters & Sides: món khai vi

Crispy spring rolls* Chả giò veggie served with lettuce & herbs to wrap & dip vg pork 318/360 kcal - choice of nước chấm or peanut sauce	7.25	
Summer rolls   Gói cuốn       veggie         fresh rice paper rolls with herbs,       chicker         vermicelli & pickle vg 185 / 183 / 196 / 145 kcal       THIS™ isn't chicker         - choice of nước chẩm or peanut sauce *       prawn	6.95 7.25	
Chicken wings   Cánh gà seasoned, crispy chicken wings with sriracha 587 kcal	8.25	
Pork & lemongrass meatballs   Nem nướng served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce A	7.95	
Baby squid   Mực chiến giòn tender fried baby squid with a salt, pepper & lime dip 315 kcal	8.25	
Seafood spring roll*   Nem hái sán large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal	7.25	
Beef betel   Bò lá lốt beef wrapped in betel leaves, with rice vermicelli sheets & nước chấm 365 kcal	8.75	
Morning Glory   Rau muống xào stir fried morning glory (water spinach) in garlic, classic with or without fresh red chillies vg 101/109 kcal spicy	6.75	
Stir fried Chinese leaf   Cải thảo xào classic in soy sauce, with or without fresh red chillies vg 67/136 kcal spicy	5.25	
Vietnamese pancake   Bánh xèo       tofu         savoury crispy pancake with rice papers       THIS™ isn't chicker         & herbs vg 289/281/226 kcal (evening only)       chicken & prawn		

# Vietnamese salads : goi

Chicken salad   Gỏi gà with Asian herbs, peppers & a chilli ginger dre	essing 210 kcal <b>10.95</b>
Veggie salad   Goi chay as above minus the chicken vg 153/233 kcal	veggie 9.75 <b>THIS</b> ™ isn't chicken II.50
Green papaya salad   Gói đu đủ crunchy green papaya salad with peanuts & prawn crackers vg 189 / 203 / 129 kgal	chicken II.50 THIS™ isn't chicken II.95 king prawn 12.50

#### Mango salad | Gói xoài spicy mango salad topped with pork, dried shrimp & peanuts 9.25 175 kcal - slightly smaller portion, ideal as a side or starter

Prawn & pomelo salad | Goi bưởi New with red chillies, Vietnamese herbs, roasted coconut & peanuts 9.50 182 kcal - slightly smaller portion, ideal as a side or starter

3.95

# Prawn or 'Prawnless' crackers vg

Bánh phồng tôm | Bánh phồng chay with sweet chilli sauce 253/320 kcal

# Vietnamese noodle soup: phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

#### Classics

Classics		
Beef brisket   Phở chín - ter	nder beef brisket slow cooked in our broth 397 kcal	12.95
Steak   Phở tái - thinly sliced	steak 287 kcal	12.95
Steak with garlic   Phở tái	l <mark>ăn</mark> - flash fried steak (Hanoi style) 468 kcal	12.95
Beef combo   Phở bò comb	00 - steak, brisket & meatballs 396 kcal	13.75
Chicken   Phở gà - breast m	eat in chicken broth 347 kcal	12.25
King prawns   Phở tôm - chi	icken or veg broth 305 kcal	13.25
Tofu & button mushroom	S   Phở chay vg - chicken or veg broth 356 kcal	12.25
3 Mushrooms   Phở nấm rơ - chicken or veg broth 290 kcal	om - enoki, shiitake & button mushroom vg	12.25
Hot & spicy soups - served	with phở or bún noodles	
Hot & spicy chicken   Bún	gà Huế 353 kcal	12.75
Hot & spicy beef brisket	Bún bò Huế - with a chilli shrimp paste 454 kcal	13.50
Hot & spicy king prawn	Bún tôm Huế 301 kcal	13.75
Hot & spicy THIS™ isn't ch	nicken   Bún gà chay Huế vg 349 kcal	13.25
Hot & spicy tofu & mushr	oom   Bún chay Huế vg 420 kcal	12.75
Hot & spicy 3 mushrooms	S   Bún nấm rơm Huế - with pak choi vg 335 kcal	12.75
House specials		
'Super Green' - morning glo in veggie broth vg 381 kcal	ry, green beans, pak choi, fresh lime & Thai basil	11.75
	isn't chicken or tofu, morning glory, green beans, I in spicy veggie broth vg 455/460/448 kcal	13.75
Brisket & mushroom   Pho brisket, enoki & button mushro	d <mark>bò nấm trúng</mark> oms, creamy egg yolk, in beef broth 374 kcal	13.95
Crab noodle soup   Bún ri tomato & crab broth with wafe	<mark>êu</mark> - a Hà Nội classic; vermicelli noodles in a rich r thin steak & tofu 498 <sub>kcal</sub>	13.75
	king prawns, chicken & flash fried steak with garlic ted to the Christina Noble Children's Foundation in Vietnan	<b>14.75</b> m
Curry noodle sou	J <b>p</b>	
	namese curry & a steaming bowl of noodle soup. & slices of red chilli. Served with phở or bún noodles	
beef brisket 648 kcal	I3.75 THIS™ isn't chicken vg 610 kcal	13.50
chicken 589 kcal	12.95 tofu & mushroom vg 631 kcal 13.95 3 Mushroom vg 559 kcal	12.95
king prawn 584 kcal	I3.95 3 Mushroom vg 559 kcal	12.75
	N Francisco	
	+ Extra toppings	

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ.

\*please note these items are not gluten-free - see reverse. vg - vegan options available.

tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans

chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns

85 / 78 / 50 / 15 / 15 / 15 kcal

# Curry: cà-ri

topped with peanuts. Served with a choice of broken or cauliflower rice

Classic - rich, fragrant Vietnamese curry, with veggies & mushrooms

chicken 587 kcal	13.95	fish (white, fillet) 618 kcal	14.50
beef brisket 682 kcal	14.50	tofu vg 769 kcal	13.95
king prawn 599 kcal	14.95	THIS™ isn't chicken vg 660 kcal	14.50

#### Spicy - spicy Vietnamese curry with fresh red chillies & betel leaf

chicken 623 kcal	14.50	fish (white, fillet) 521 kcal	14.95
beef brisket 736 kcal	14.95	tofu vg 789 kcal	14.50
king prawn 642 kcal	15.50	THIS™ isn't chicken vg 674 kcal	14.95

### Rice bowls: món cơm

a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs, fresh chillies & nước chấm

chargrilled chicken thigh 239 kca	12.75	3 meat combo 348 kcal	13.95
crispy beef in betel leaf 290 kcal	12.95	tofu & veg vg 268 kcal	11.95
chargrilled pork 281 kcal	12.95	THIS™ isn't chicken & veg vg 205	13,25
		kcal	

+ with broken rice 370 kcal - + with cauliflower rice 64 kcal 1,00

## Wok fried rice: com chiên

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal II.95 shiitake & Thai basil vg 796 kcal II.50 THIS<sup>™</sup> isn't chicken vg 869 kcal I2.75

# Wok fried noodles: phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay

chicken 447 kcal	12.25	tofu & mushroom vg 527 kcal	12.25
beef 442 kcal	12.75	THIS™ isn't chicken vg 419 kcal	12.75
chicken & prawn 446 kcal	12 50		

# Vermicelli noodles: bún

all served room temp with fresh herbs, veggie spring roll\* & peanuts. Pour over sauce & mix

Wok-fried - with lemongrass, chilli, beansprouts & nước chấm

chicken 389 kcal	12.25	tofu & mushroom vg 382 kcal	12.25
beef 365 kcal	12.75	veggie spring rolls* vg 476 kcal	12.50
king prawn 315 kcal	13.50	nem nuong pork balls 520 kcal	12.25
		aNI	

Grilled - marinated meats served with a fish sauce

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chargrilled chicken thigh 403 kcal	12.75	beef in betel leaf 454 kcal	12.95
chargrilled pork loin 445 kcal	12.95	3 meat combo 512 kcal	13.95

# Chả cá Lã Vọng

1.50

rice noodles with grilled fish marinated in turmeric with dill, green onion, peanuts & prawn crackers. Inspired by the delicious, iconic dish from Hà Nội. Pour fish sauce over noodles & mix 676 kcal

▲ Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

Adults need around 2000 kcal a day

### Beer & Cider

Bia Hà Nội	4.95
Saigon	4.95
Beer Lao (640ml)	7.95
Pho Brewgooder Session IPA - crisp & hoppy	5.25
Pho Brewgooder Hazy Pale Ale - hazy & juicy	5.25
Saigon Apple Cider	5.50
Saigon Apple & Ginger Cider	5.50
Daura Damm (gluten free)	5.50
Brewgooder Alcohol Free Lager	5.50

# Wine & sparkling

Wine Spritzer

White

Rose

Sparkling	125ml / bottle
Prosecco Spumant Veneto, Italy	e, 6.50 / 29.95
White	175ml / 250ml / bottle
Catarratto, Sicily, Italy	6.25 / 7.50 / 21.95
Piattini Pinot Grigio Pavia, Italy	6.75 / 8.50 / 23.50
Selon Létang Viogo Languedoc, France	ier, 6.95 / 8.75 / 23.95
<b>Listening Station C</b> Victoria, Australia	hardonnay, 7.25 / 9.25 / 25.50
Peacock Sauvignor Stellenbosch, South Af	
Rose	
Piattini Pinot Grigio Pavia, Italy	Blush, 6.75 / 8.50 / 23.50
Cotes du Rhone R Rhone, France	ose, 6.95 / 8.95 / 24.95
Red	
Rame Garnacha, Campo de Borja, Spair	6.25 / 7.50 / 21.95
Benjamin Malbec, Mendoza, Argentina	7.75 / 9.50 / 27.50
Le Fou Pinot Noir, Languedoc, France	7.95 / 9.75 / 27.95

Cocktails 8.50

Phojito - our signature cocktail; white rum, mint, lime & soda

Spicy Lychee Margarita - tequila, fresh lime juice, lychee syrup & Thai chillies

Dragon Fruit & Lime Martini - Hà Nội vodka, dragonfruit purée & fresh lime juice

Hà Nôi Iced Tea - homemade iced tea with fresh lemon & gin, vodka, teguila & rum

Cà phê Martini - Hà Nội vodka, iced Vietnamese coffee & condensed milk

Coconut Pineapple Martini - Hà Nôi vodka, fresh pineapple juice, coconut milk & lemon

Pride Punch - Havana club rum, passionfruit liquor, fresh apple juice & muddled lime 50p will be donated to akt

Paloma - tequila, homemade grapefruit soda & fresh lime

### Booze-Free

<b>Nojito</b> - muddled lime & mint, homemade lemonade & soda, served over crushed ice, garnished with fresh mint 87 kcal		5.50
Seedlip & Tonic alcohol free gin, Seedlip Grove, with Fever-Tree tonic		5.50
Cucumber Fizz Seedlip Grove, fresh cucumber & lime, elderflower & soda + Add 50ml Tanqueray gin for £3.00		5.50

### Gin & tonic

lanqueray & Fever-Tree tonic		
Single (25ml)	6.5	0
Double (50ml)	7.9	5
Vodka		

# Vodka Hà Nôi & Fever-Tree tonic

Vodka i la i voi di level-Tree tollic	
Single (25ml)	5.75
Double (50ml)	7.75
Vodka Hà Nội, lime & soda (50ml)	7.95
Vodka Hà Nội with lemonade (50ml)	7.95

www.phocafe.co.uk J f 💿







(125ml also available)

175ml house wine

6.75

6.75

The majority of items on this menu are gluten-free, as accredited by Coeliac UK. \*please note these items are not gluten-free -Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy, please inform all staff who serve your table & read our allergen information.

**THIS**<sup>™</sup> isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



Fresh veggie & fruit juices all made to order

sm / lg 4.50 / 5.50

Apple, mint & lime with or without ginger 92/138 kcal

Beetroot, carrot & apple with or without ginger 97/145 kcal

Coconut, pineapple & apple 142/213 kcal

Carrot, apple & ginger 95/142 kcal

Kale, apple, pineapple & lime 102/153 kcal

Pineapple, apple & mint 112/168 kcal

Spinach, cucumber, pear & lemon (green detox) 82/123 kcal

Courgette, spinach, apple & parsley 105/157 kcal

Pineapple, spinach, cucumber & apple 97/145 kcal

Orange, carrot & ginger 100/149 kcal

Apple & orange 102/153 kcal

### Coconut water

Straight, over ice 35 kcal	3.5
with Fresh pineapple juice 42 kcal	3.9

# Lemonade & soft drinks

Homemade lemonade 140 kcal	4.2
Spicy lemonade with ginger & fresh mint 190 kcal	4.50
Dragon fruit lemonade 120 kcal	4.50
Green tea lemonade 95 kcal	4.5
Coke, Fanta Orange	3.70
Diet Coke, Coke Zero, Sprite Zero	3.6
Mineral Water - still or sparkling (sm/lg)	2.95 / 4.9

### Teas

Flower teas - fragrant jasmine, green or yulan tea balls	3.5
Tea pigs bags - green, camomile, mint	2.7
Fresh teas - mint or lemongrass	2.5
Iced tea 90 kcal	3.2

## Vietnamese coffee

Cà phê - rich Vietnamese coffee
served black or with condensed milk 17/38 kcal
10p donated to the Christina Noble Children's Foundation in Vietnam
Cà phê sữa đá

iced coffee with / without condensed milk 38/17 kcal

#### **OUR CHARITY PARTNERS**

Christina Noble Children's Foundation

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness, or living in hostile environments.

3.95

For information regarding our service charge policy please ask a member of staff, a manager or see your receipt