

Starters & Sides: món khai vi

Crispy spring rolls* Chả giò veggie served with lettuce & herbs to wrap & dip vg pork 318/360 kcal - choice of nước chấm or peanut sauce		
Summer rolls Gỏi cuốn veggie fresh rice paper rolls with herbs, chicken vermicelli & pickle vg 185/183/196/145 kcal - choice of nước chấm or peanut sauce ↑ THIS™ isn't chicken prawn	7.25 7.50	
Chicken wings Cánh gà seasoned, crispy chicken wings with sriracha 587 kcal	8.50	
Pork & lemongrass meatballs Nem nướng served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce A	7.95	
Baby squid Mực chiến giòn tender fried baby squid with a salt, pepper & lime dip 315 kcal	8.50	
Seafood spring roll* Nem hải sản large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal	7.50	
Beef betel Bò lá lốt beef wrapped in betel leaves, with rice vermicelli sheets & nước chấm 365 kcal	8.75	
Morning Glory Rau muống xào stir fried morning glory (water spinach) in garlic, with or without fresh red chillies vg 101/109 kcal spicy		The last of the la
Stir fried Chinese leaf Cải thảo xào classic in soy sauce, with or without fresh red chillies vg 67/136 kcal spicy		
Vietnamese pancakeBánh xèotofusavoury crispy pancake with rice papersTHIS™ isn't chicken& herbs vg 289/281/226 kcal (evening only)chicken & prawn		

Vietnamese salads: goi

Chicken salad Gói gà with Asian herbs, peppers & a chilli ginger dre	essing 210 kcal II.25
Veggie salad Gói chay as above minus the chicken vg 153/233 kcal	veggie 9.95 THIS™ isn't chicken II.75
Green papaya salad Gói đu đủ crunchy green papaya salad with peanuts & prawn crackers vg 189 / 203 / 129 kral	chicken II.75 THIS™ isn't chicken I2.25 king prawn 12.75

Mango salad | Gói xoài spicy mango salad topped with pork, dried shrimp & peanuts 175 kcal - slightly smaller portion, ideal as a side or starter

Prawn & pomelo salad | Goi budi New with red chillies, Vietnamese herbs, roasted coconut & peanuts 9.75

9.50

3.95

Prawn or 'Prawnless' crackers vg

Bánh phồng tôm | Bánh phồng chay with sweet chilli sauce 253/320 kcal

Vietnamese noodle soup: phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

Classics

Classics					
Beef brisket Phở chín - tender be	ef briske	et slow cooked in our broth 397 kcal	12.95		
Steak Phở tái - thinly sliced steak	287 kcal		12.95		
Steak with garlic Phở tái lăn - fla	ash fried	steak (Hanoi style) 468 kcal	13,25		
Beef combo Phở bò combo - ste	ak, brisk	ket & meatballs 396 kcal	13.95		
Chicken Phở gà - breast meat in o	chicken b	oroth 347 kcal	12.50		
King prawns Phở tôm - chicken or	veg brot	th 305 kcal	13.50		
Tofu & button mushrooms Pho	ở chay	vg - chicken or veg broth 356 kcal	12.50		
3 Mushrooms Phở nấm rơm - en - chicken or veg broth 290 kcal	noki, shi	itake & button mushroom vg	12,50		
Hot & spicy soups - served with p	hở or bứ	in noodles			
Hot & spicy chicken Bún gà Hu	Jế 353 kd	eal eal	12.95		
Hot & spicy beef brisket Bún b	oò Huế	- with a chilli shrimp paste 454 kcal	13.50		
Hot & spicy king prawn Bún tô	m Huế	301 kcal	13.95		
Hot & spicy THIS™ isn't chicken	Bún	gà chay Huế vg 349 kcal	13.50		
Hot & spicy tofu & mushroom	Bún cl	nay Huế vg 420 kcal	12.95		
Hot & spicy 3 mushrooms Bún nấm rơm Huế - with pak choi vg 335 kcal					
House specials					
'Super Green' - morning glory, green beans, pak choi, fresh lime & Thai basil in veggie broth vg 381 kcal					
"Spicy Green" - chicken, THIS™ isn't of pak choi, fresh lime & Thai basil in spice			13.95		
Brisket & mushroom Phở bò nấ brisket, enoki & button mushrooms, co			14.25		
Crab noodle soup Bún riêu - a tomato & crab broth with wafer thin s	Hà Nội c	classic; vermicelli noodles in a rich	13.95		
Phở house Phở đặc biệt - king pr in beef broth 351 kcal. 25p donated to th			14.95		
Curry noodle soup					
the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup. Topped with a fresh herb salad & slices of red chilli. Served with phở or bún noodles					
beef brisket 648 kcal	13.95	THIS™ isn't chicken vg 610 kcal	13.75		
chicken 589 kcal	13.50	tofu & mushroom vg 631 kcal	13,25		
king prawn 584 kcal	14.25	3 Mushroom vg 559 kcal	13.25		
and the second s					

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ.

*please note these items are not gluten-free - see reverse. vg - vegan options available.

+ Extra toppings

85 / 78 / 50 / 15 / 15 / 15 kcal

tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans

chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns

Curry: cà-ri

topped with peanuts. Served with a choice of broken or cauliflower rice

Classic - rich, fragrant Vietnamese curry, with veggies & mushrooms

chicken 587 kcal	14.50	fish (white, fillet) 618 kcal	14.75
beef brisket 682 kcal	14.75	tofu vg 769 kcal	13.95
king prawn 599 kcal	15.50	THIS™ isn't chicken vg 660 kcal	14.95

Spicy - spicy Vietnamese curry with fresh red chillies & betel leaf

	,		
chicken 623 kcal	14.95	fish (white, fillet) 521 kcal	15.25
beef brisket 736 kcal	15.25	tofu vg 789 kcal	14.50
king prawn 642 kcal	15.95	THIS™ isn't chicken vg 674 kcal	15.50

Rice bowls: món cơm

a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs, fresh chillies & nước chấm

chargrilled chicken thigh 239 kcal	12.95	3 meat combo 348 kcal	14.50	
crispy beef in betel leaf 290 kcal	13.25	tofu & veg vg 268 kcal	12.50	
chargrilled pork 281 kcal	13.25	THIS [™] isn't chicken & veg vg 205	13.50	
		kcal		

+ with broken rice 370 kcal - + with cauliflower rice 64 kcal 1,00

Wok fried rice: com chiên

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal II,95 shiitake & Thai basil vg 796 kcal II,75 THIS™ isn't chicken vg 869 kcal I2,95

Wok fried noodles: phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay

chicken 447 kcal	12.50	tofu & mushroom vg 527 kcal	12.50
beef 442 kcal	12.95	THIS™ isn't chicken vg 419 kcal	12.95
chicken & prawn 446 kcal	12.95		

Vermicelli noodles: bún

all served room temp with fresh herbs, veggie spring roll* & peanuts. Pour over sauce & mix

Wok-fried - with lemongrass, chilli, beansprouts & nước chấm

chicken 389 kcal	12.50	tofu & mushroom vg 382 kcal	12.50
beef 365 kcal	12.95	veggie spring rolls* vg 476 kcal	12.75
king prawn 315 kcal	13.75	nem nuong pork balls 520 kcal	12.50
		aNI	

Grilled - marinated meats served with a fish sauce

chargrilled chicken thigh 403 kcal 12.	.95 b	peef in betel leaf 454 kcal	13.25
chargrilled pork loin 445 kcal 13.	.25 3	8 meat combo 512 kcal	14.25

Chả cá Lã Vọng [™]

1.50

rice noodles with grilled fish marinated in turmeric with dill, green onion, peanuts & prawn crackers. Inspired by the delicious, iconic dish from Hà Nội. Pour fish sauce over noodles & mix 676 kcal

▲ Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

Adults need around 2000 kcal a day

Beer & Cider

Bia Hà Nội	5.25
Saigon	5.25
Beer Lao (640ml)	7.95
Pho Brewgooder Session IPA - crisp & hoppy	5.50
Pho Brewgooder Hazy Pale Ale - hazy & juicy	5.50
Saigon Apple Cider	5.75
Saigon Apple & Ginger Cider	5.75
Daura Damm (gluten free)	5.75
Brewgooder Alcohol Free Lager	5.50

Wine & sparkling

Wine Spritzer

White

Rose

Wille & Sparking	
Sparkling	125ml / bottle
Prosecco Spumante, Veneto, Italy	6.75 / 29.95
White	175ml / 250ml / bottle
Catarratto, Sicily, Italy	6.50 / 7.95 / 22.95
Piattini Pinot Grigio, Pavia, Italy	6.95 / 8.75 / 23.95
Selon Létang Viognier, Languedoc, France	7.25 / 8.95 / 24.95
Listening Station Chardonnay, Victoria, Australia	7.75 / 9.50 / 26.50
Peacock Sauvignon Blanc, Stellenbosch, South Africa	8.25 / 9.95 / 28.95
Rose	
Piattini Pinot Grigio Blush, Pavia, Italy	6.95 / 8.75 / 23.95
Cotes du Rhone Rose, Rhone, France	7.25 / 8.95 / 24.95
Red	
Rame Garnacha, Campo de Borja, Spain	6.50 / 7.95 / 22.95
Benjamin Malbec, Mendoza, Argentina	7.95 / 9.75 / 28.50
Le Fou Pinot Noir, Languedoc, France	8.25 / 9.95 / 28.95

Cocktails 8.95

Phojito - our signature cocktail; white rum, mint, lime & soda

Spicy Lychee Margarita - tequila, fresh lime juice, lychee syrup & Thai chillies

Dragon Fruit & Lime Martini - Hà Nội vodka, dragonfruit purée & fresh lime juice

Hà Nôi Iced Tea - homemade iced tea with fresh lemon & gin, vodka, teguila & rum

Cà phê Martini - Hà Nội vodka, iced Vietnamese coffee & condensed milk

Coconut Pineapple Martini - Hà Nôi vodka, fresh pineapple juice, coconut milk & lemon

Pride Punch - Havana club rum, passionfruit liquor, fresh apple juice & muddled lime 50p will be donated to akt

Paloma - tequila, homemade grapefruit soda & fresh lime

Booze-Free

Nojito - muddled lime & mint, homemade lemonade & soda, served over crushed ice, garnished with fresh mint 87 kcal	5.95
Seedlip & Tonic alcohol free gin, Seedlip Grove, with Fever-Tree tonic	5.95
Cucumber Fizz Seedlip Grove, fresh cucumber & lime, elderflower & soda + Add 50ml Tanqueray gin for £3.00	5.95

Gin & tonic

Single (25ml)	6.75
Double (50ml)	8.50

VOCIKA	
Vodka Hà Nội & Fever-Tree tonic	
Single (25ml)	5.7
Double (50ml)	7.9
Vodka Hà Nội, lime & soda (50ml)	7.9
Vodka Hà Nội with lemonade (50ml)	7.9

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(125ml also available)

175ml house wine

6.95

6.95

The majority of items on this menu are gluten-free, as accredited by Coeliac UK. *please note these items are not gluten-free -Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy, please inform all staff who serve your table & read our allergen information.

THIS™ isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



Our allergen guide

For information regarding our service charge policy please ask a member of staff, a manager or see your receipt

Fresh veggie & fruit juices

sm / lg 4.75 / 5.75

Apple, mint & lime with or without ginger 92/138 kcal

Beetroot, carrot & apple with or without ginger 97/145 kcal

Coconut, pineapple & apple 142/213 kcal

Carrot, apple & ginger 95/142 kcal

all made to order

Kale, apple, pineapple & lime 102/153 kcal

Pineapple, apple & mint 112/168 kcal

Spinach, cucumber, pear & lemon (green detox) 82/123 kcal

Courgette, spinach, apple & parsley 105/157 kcal

Pineapple, spinach, cucumber & apple 97/145 kcal

Orange, carrot & ginger 100/149 kcal

Apple & orange 102/153 kcal

Coconut water

Straight, over ice 35 kcal	3.75
with Fresh pineapple juice 42 kcal	4.25

Lemonade & soft drinks

Homemade lemonade 140 kcal	4.50
Spicy lemonade with ginger & fresh mint 190 kcal	4.75
Dragon fruit lemonade 120 kcal	4.7
Green tea lemonade 95 kcal	4.7
Coke, Fanta Orange	3.75
Diet Coke, Coke Zero, Sprite Zero	3.60
Mineral Water - still or sparkling (sm/lg)	2.95 / 4.95

Teas

Flower teas - fragrant jasmine, green or yulan tea balls	3.7
Tea pigs bags - green, camomile, mint	2.7
Fresh teas - mint or lemongrass	2.7
Iced tea 90 kcal	3.5

Vietnamese coffee

Cà phê - rich Vietnamese coffee	3.
served black or with condensed milk 17/38 kcal	
10p donated to the Christina Noble Children's Foundation in Vietnam	
Cà phê sữa đá	

iced coffee with / without condensed milk 38/17 kcal

OUR CHARITY PARTNERS

Christina Noble Children's Foundation

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness, or living in hostile environments.